

PHYSICAL ASSESSMENT

GLUTEAL MUSCLE MASS

Even Other

ILIAC CREST

Even Other

PATELLA

Ⓛ movable rigid
 Ⓜ movable rigid

ANKLES

Even Other

FEET

Relaxed Other

ARCHES

Even High Flat Other

TOES

Straight Other

SKIN

Moves freely Pulls Puffy Other

SOFT TISSUE

Normal Tender Restricted Flaccid Hot Cold
 Other

Location(s) of Tissue Change(s)

FUNCTIONAL MOBILITY

Normal Restricted Exaggerated Painful
 Other

Location(s) of Mobility Change(s)

SPECIAL TESTS

STANDING FLEXION TEST

Ⓜ PSIS Ⓛ PSIS

SITTING FLEXION TEST

Ⓜ PSIS Ⓛ PSIS

VALSALVA (SLUMP) TEST

-ve +ve

VAT TEST

-ve +ve

HOMAN'S SIGN (DVT)

C Ⓛ

ORTHOPAEDIC TESTS

Test/Result

NEURAL TESTS

Test/Result